

Virginia's System Transformation Initiative

"Changing the Service Environment and Culture"

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STI: What is it?

- Multi-Year Plan initiated by Governor Warner in 2005
 - Invest in community services and supports
 - Reduce reliance on state facilities
 - Redesign and Replace Selected Facilities
 - ESH/WSH/CVTC/SEVTC
- Plan supported by Governor Kaine
- General Assembly amended, expanded and approved plan in 2006 session

STI – The Goal

“In simplest terms, the goal of STI is to change the environment and culture of behavioral health (MH/SA) and developmental disability services (MR) for the citizens of the Commonwealth.”

STI – The Vision

“Our vision is of a consumer-driven system of services and supports that promotes self-determination, empowerment, recovery, resilience, health, and the highest possible level of consumer participation in all aspects of community life including work, school, family and other meaningful relationships.”

STI: The Challenge

- Virginia ranks
 - 12th in per/capita income
 - 9th in per/capita spending on facility treatment \$41 versus \$27
 - 40th in per/capita spending on community treatment \$30 versus \$70
- Virginia has 450,000 SMI/SED adults or children (based on 6% prevalence rate)
 - 114,000 VA SMI/SED individuals served
- 560 new people on “MR urgent wait list” each year

The Challenge.....

- OIG Study shows shortfall of 230 Case Managers (caseload mix of 1-25)
- 1.9 Adult outpatient clinicians to 50,000 population
- 1.2 Child outpatient clinicians to 50,000 population
- .7 Psychiatrist to 50,000 population
 - Average caseload size 350

STI: The Foundation

Five Internal Initiatives:

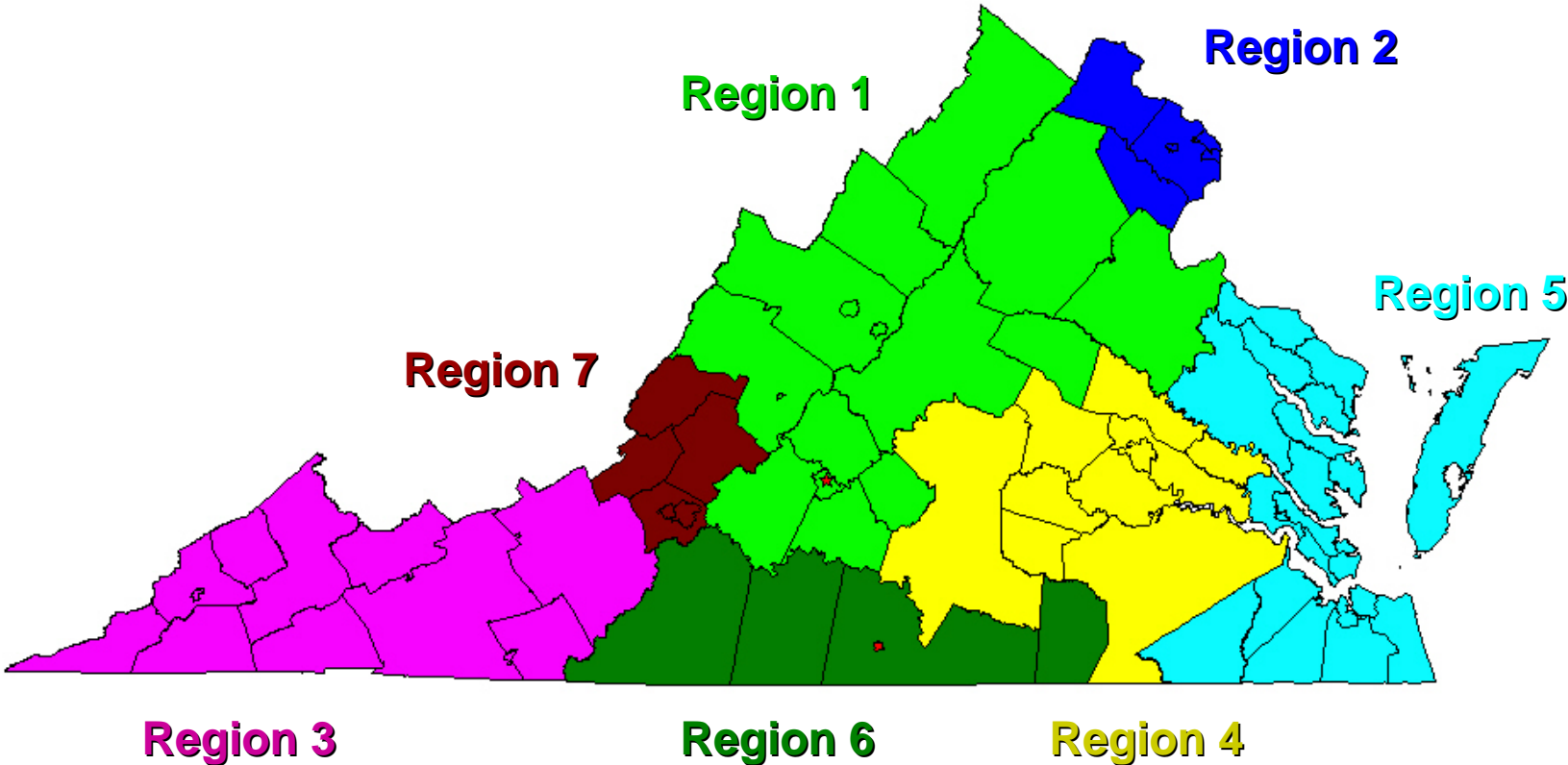
- Partnership Agreement and Regional Planning Partnerships - 2002
- Reinvestment – 2003
- Special Populations Workgroups – 2003
- Integrated Strategic Plan – 2004
- Performance & Accountability - 2007

The Foundation.....

Two External Initiatives:

- Office of Inspector General Reports
 - Emergency Services
 - Case Management
 - Substance Abuse
- Chief Justice's Commission on MH Law Reform

STI: Regional Planning and Ownership



STI : Investing in the Service Environment

- Recovery and Peer Supports \$ 3.1 million (15.8%)
- Psychiatric and Nursing Services \$ 0.7 million (3.6%)
- Census Management \$ 2.0 million (10.1%)
- Crisis Stabilization \$ 2.9 million (14.6%)
- Crisis Response and Resolution \$ 2.8 million (13.9%)
- Case Management \$ 2.0 million (10.1%)
- Residential Services \$ 3.8 million (19.0%)
- Forensic Services \$ 0.4 million (1.9%)
- Jail-Based Services \$ 0.8 million (4.0%)
- Specialized Services – Deaf \$ 0.2 million (0.1%)
- Other \$ 1.4 million (6.9%)

Changing the service environment - continued

- **Community Crisis Stabilization**
 - Crisis stabilization and diversion services – in-home and residential
 - Recovery-oriented crisis stabilization
 - Crisis stabilization apartment
 - SA detoxification and ambulatory detoxification services
 - Community college and regional recovery/transformation training fund
- **Crisis Response, Resolution, and Referral**
 - Outpatient crisis response team and crisis intervention team
 - Regional flexible fund for regional crisis program, mobile crisis team stipends, and after hours stipends
 - Expanded crisis staff
 - New co-occurring clinicians
 - Person-centered crisis services
 - Crisis prevention program (Memphis CIT Model)

Changing the service environment - continued

- **Psychiatric Services**

- Expanded psychiatric time
- Psychiatric nursing
- Medical consultation
- Psychiatric support services

- **Census Management**

- Regional discharge assistance – state facility and local hospitalization

- **Case Management and MH/SA Support**

- Intensive support case management, crisis case managers, and expanded case management
- Hospital liaison case manager and discharge planner
- Consumer wrap around services
- Expanded MH support services and co-occurring day support
- SA outreach/transportation

STI: The Outcome Indicators

- 33,895 crisis stabilization bed days available on an annual basis
- 2,562 individuals received stabilization services in 07
- 8.2 days as the ALOS
- \$358 Average per diem cost

STI: The Outcome Indicators

- MH services in 14 of the 23 Juvenile Detention Centers
- An additional 5,559 children under age 3 received early intervention services
- Two new sites for opiate addiction using buprenorphine
- Four System of Care Projects for Children and Adolescents

STI: Supporting a Person-Centered Model of Services

Person's Role

1. Personal power
2. Personal knowledge
3. Personal responsibility
4. Person in context of life is focus
5. Person is self-determining

Professional Role

1. Power sharing
2. Exchange information
3. Shared decision-making
4. Co-investigator
5. Professional is expert consultant on journey

STI: Changing the Service Culture

- 26 Consumer Run Programs now operating
- Consumer peer specialists, recovery coaches, providers, and ombudsmen in CSBs and BHAs
- Recovery education and training in boards and facilities
- Wellness Recovery Action Plan (WRAP) training at boards and facilities

STI: VT and Future Directions

- Focus on core service standards
 - Emergency Services
 - Case Management
- Filling Gaps in the Crisis Continuum
 - Psychiatric consultation 24/7
 - Outpatient treatment – voluntary or MOT

STI: MH Law Reform and Future Directions

- Focus community alternatives to civil commitment
 - Crisis stabilization
 - Drop-off capacity
- Responding to Code Changes
 - Length of ECO Period
 - Length of TDO Period
 - Mandatory Outpatient Treatment

STI: 15 Minutes of Q&A

Let's talk some about what
interests you! - thanks